

LINE > FreeMotion® Fitness  
 TYPE > Cardio

# Indoor Cycling S Series Consoles



MODEL > FMPW11  
 MODEL > FMRPM11

## MEASURE GOALS. GET RESULTS.

Power is delivered with the FreeMotion® Fitness console. Featuring a patent-pending direct power (watts) measurement sensor, this console measures the load the rider drives into the system for an accurate, consistent reading, every time. Now, users can measure progress and in turn, achieve their goals faster. It's the most dynamic training available on an indoor cycle.

FreeMotion® Fitness offers two console options to fit the needs of your gym. The FMPW11 features the power sensor and the FMRPM11 is built with an RPM sensor and does not measure direct power. Both versions are wireless and utilize the fully digital ANT+ communication protocol for highly reliable and consistent communication.



\*Wireless Chest Pulse Heart Rate Monitor not included.

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CONSOLE WITH POWER SENSOR **FMPW11**

CONSOLE WITH RPM SENSOR **FMRPM11**

Watts	Kcal	RPM	Kcal
RPM	Time	Speed	Time
Speed	Distance	Heart Rate	Distance
Heart Rate	Kilojoules (kJ)		

> TAKE YOUR TRAINING HOME

EACH CONSOLE FEATURES A USB PORT FOR THE RIDER TO EXPORT THEIR RIDE DATA. THE WORKOUT INFORMATION IS SAVED IN A SPREADSHEET FORMAT.