

## *recumbent bike*

RECUMBENT BIKE - FMEX2256P

RECUMBENT BIKE with Workout TV - FMEX2506P



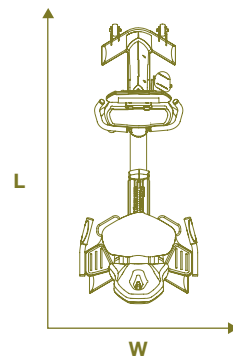
Recumbent Bike shown with Workout TV console - FMEX2506P



Recumbent Bike shown with basic console - FMEX2256P

## recumbent bike

Taking comfort to a new level, the FreeMotion Recumbent Bike features an ultra-comfortable seat and wide, easy-to-reach accessory trays so users can keep their water bottle, mp3 player and anything else they need at their finger tips.



**US/METRIC**  
**L** – 67" / 170 cm  
**W** – 28" / 71 cm  
**H** – 55" / 140 cm  
**H** – 59" / 150 cm (with TV)  
 212 lbs. / 96 kg

specifications	RECUMBENT BIKE - FMEX2256P	RECUMBENT BIKE with Workout TV - FMEX2506P
<b>resistance:</b>	20 settings	<b>in-club entertainment:</b> Cardio Theater® & BroadcastVision® Compatible
<b>max. user weight:</b>	350 lbs.	<b>networking capabilities:</b> FitLinxx® Certified
<b>power requirements:</b>	Self Powered, Workout TV requires included 12 Volt wall transformer	<b>displays:</b> Resistance, Pace, Segment Time, Total Time, Distance, Calories, Watts, Pulse, % Max. Heart Rate, Speed, RPM
<b>cable requirements:</b>	Coaxial cable for Workout TV console	<b>warranty:</b> Lifetime frame, 2 years parts, 1 year labor

**Step-through Design** – Sleek design with low frame profile allows for easy entry/exit of the machine, convenient for all and ideal for seniors and the deconditioned.

**Seat Adjustment** – Sliding seat with detents allows users to simply lift a lever, slide the seat to the proper position and push the lever to lock in place.

**QuickTouch Resistance** – Adjust resistance from 1 to 10 by simply touching a button, or scroll through 20 resistance levels in 0.5 increments.

**ERS™** – Custom designed ERS (Electromagnetic Resistance System) applies consistent resistance to the flywheel and generates power to the Basic Console.

**Belt Drive System** – Featuring the self-tensioning, precision Flexonic® belt, the drive system requires no idler pulley for less maintenance, keeps pedal motion smooth, and dramatically reduces noise.

**Heart Rate** – Pulse information can be displayed on the console via contact sensors or Polar® compatible wireless telemetry.

**Cranks and Bearings** – The 3-piece crank assembly and bearings are forged, machined and sealed for durability and to protect against corrosion.

**Pedal Assembly** – The extra-wide pedals are self-leveling and feature polymer toe straps for secure foot placement.