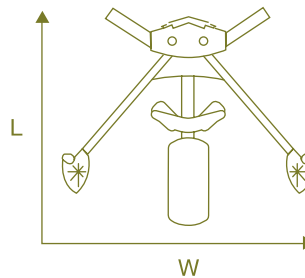




selectorized LAT



specifications	GZFM6020
<p>effective resistance: 1 arm - 100 lbs. (45.5 kg) 2 arms - 200 lbs. (91 kg)</p> <p>configuration: 10 - 100 x 10 lbs. (4.5 - 45.5 x 4.5 kg) 120 - 200 x 20 lbs. (54.5 - 91 x 9 kg)</p>	<p>US / METRIC L - 56" / 142 cm W - 65" / 164 cm H - 85" / 216 cm</p> <p>575 lbs. / 261 kg</p> <p>cable diameter: 3/16-inch rated to 2,000 lbs.</p>



Swivel Pulleys - Pulley design ensures fluid cable travel and provides nearly unlimited range of motion.

Independent Arm Movement - Handles move independently for a wide variety of back exercises and single arm movements.

Arm Position - Wide arm positioning allows complete flexion and extension for full range of motion.

Adjustable Thigh Pads - Contoured, thigh pads adjust in height and swivel and slide to fit a wide variety of users.

Seated Position - Users can sit to perform traditional seated exercises or stand for added intensity.

Cable Travel - Extensive cable travel allows for full exercise flexion, single arm: 80 inches (203 cm), two arms: 40 inches (102 cm).

Weight Stack - Enclosed weight stack limits access to moving parts for user safety.

Industrial Construction - Equipment is built with 11- and 7-gauge steel and is electrostatically powder-coated.

Kick Plates - 16-gauge, stainless steel kick plates protect the machine from wear and tear.