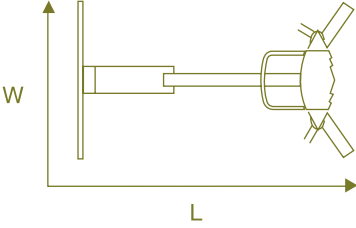




selectorized **QUAD**



specifications	GZFM6009	
<p>effective resistance: 1 leg - 75 lbs. (34 kg)</p> <p>configuration: 2.5 - 25 x 2.5 lbs. (1.25 - 11.5 x 1.25 kg) 30 - 75 x 5 lbs. (13.5 - 34 x 2.25 kg)</p>	<p>US / METRIC L - 63" / 160 cm W - 37" / 94 cm H - 73" / 185 cm</p> <p>440 lbs. / 200 kg</p> <p>cable diameter: 3/16-inch rated to 2,000 lbs.</p>	

Swivel Pulleys - Pulley design ensures fluid cable travel and provides nearly unlimited range of motion.

Stability Bars - For the first-time exerciser, they can hold the bar as aid in balance.

Foot Harness - Specially designed harness fits a wide variety of users.

Cable Travel - Extensive cable travel allows for full exercise extension, single leg: 81 inches (206 cm).

Weight Stack - Enclosed weight stack limits access to moving parts for user safety.

Industrial Construction - Equipment is built with 11- and 7-gauge steel and is electrostatically powder-coated.

Kick Plates - 16-gauge, stainless steel kick plates protect the machine from wear and tear.

FREEMOTION FITNESS™

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