

LINE › FreeMotion EPIC  
 TYPE › selectorized

# ABDOMINAL

MODEL › GZFI8196



## FEATURES AND BENEFITS

**Shoulder Pad Assembly** › Contoured and padded for comfort, the shoulder pad assembly features a gas shock to raise the pads for easy entry/exit of the machine.

**Pivoting Seat** › Seat bottom pivots upward as the upper body pivots downward to better engage the abdominals through a natural range of motion.

**Shin Pads** › Contoured shin pads fit a wide variety of users and offer support to isolate the abdominals.

**Cable** › Heavy-duty, 1/4-inch cable is rated to 4,200 lbs. minimum tensile strength.

**Weight Stack** › Oval-shaped stack is enclosed to limit access to moving parts.

**Bolt-down Strap** › For added safety, equipment can be bolted to the floor.

**Floor Protectors** › Made of molded rubber, floor protectors guard against damaging the floor.

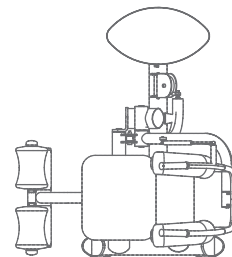
**Serviceability** › The weight stack access panel allows for simple cable service while the removable upholstery and Linex® wear guards increase cushion life and allow for easy replacement of wear items.

## SPECS › EPIC Selectorized Abdominal

MODEL GZFI8196

<b>Dimensions (LWH)</b>	40" x 48" x 62" (102 cm x 122 cm x 157 cm)
<b>Weight Stack Configuration</b>	10 – 150 x 10 lbs. (4.5 – 68 x 4.5 kg)
<b>Product Weight</b>	515 lbs. (234 kg)

Top View



› WARRANTY

10 YEARS: STRUCTURAL FRAME

3 YEARS: BEARINGS, GUIDE RODS, PULLEYS, CAMS, WEIGHT STACKS

1 YEAR: CABLES & LABOR

120 DAYS: UPHOLSTERY, HANDLES & ACCESSORIES