

# M1

## COLOR YOUR WORLD!™

- 4 Standard Shroud Color Choices
- Space Saving Design
- Fixed and Free Inward-movement Press Station
- 50% Resistance at Mid and Low Pulleys for Functional Training Exercises
- Stable 3 Point Floor Contact
- Full Color Laminated Wall Chart



*M1 shown with Burgundy Shroud*

### INSPIRE

By Health In Motion LLC.  
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[www.inspirefitness.net](http://www.inspirefitness.net)

Patent Pending



M1 shown with Black Screen Shroud

M1 shown with Tan Shroud

M1 shown with Navy Blue Shroud



Leg Press shown with Black Orthopedic Pads.



Sealed Steel Ball Bearings



Wide Groove Pulleys for Functional Training Exercises

### M1 Product Specifications

**Frame:** Heavy-duty 2" x 4" oval and 3" round 11 gauge tubular steel.

**Powder Coated Finish:** The Electrostatic Powder Coat offers a durable, maintenance free finish.

**Pivot Points:** The bench press pivot points have 1½" Precision Steel Ball Bearings, all other parts pivot on Oil Impregnated Brass Bushings to ensure a smooth and fluid motion with No Maintenance.

**Canvas Weight Stack Shroud:** The Weight Stack Shroud is constructed of a Heavy-Duty Canvas. There are four standard color choices in the Canvas Weight Stack Shroud to match the decor of your home! The color choices are: Black, Tan, Burgundy, and Navy Blue. *Custom Canvas Weight Stack Shroud Available!* Please refer to our Website [www.inspirefitness.net](http://www.inspirefitness.net).

**Weight Stack:** 150 LB. Commercial Weight Stack with Solid Guide Rods and Center Drilled Weights.

**Accessories:** 48" Lat Bar, 20" Revolving Straight Bar, Strap Handles with revolving grips, and Ankle Strap.

**Options Available:** Leg Press, 200 LB. Weight Stack, and Abdominal Bar.

**Warranty (Residential use only):** Inspire (Health In Motion LLC.) Multi-Gyms have a Lifetime Limited Warranty. Visit your local dealer for details or our Website at [www.inspirefitness.net](http://www.inspirefitness.net)

### Dimensions

**M1 Footprint:** Length 72" x Width 40" x Height 78"

**M1 Footprint with optional Leg Press:** Length 72" x Width 67" x Height 78"

Inspire/Health In Motion LLC. reserves the right to alter product specifications at any time.  
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