

INSPIRE

COLOR YOUR WORLD!™

- 4 Orthopedic Seat Pad and 4 Standard Shroud Color Choices
- Space Saving Design
- Fixed and Cable Motion Press Station
- Seated Leg Extension and Curl
- Dual Back Pad Adjustment
- Unique Abdominal Station
- 50% Resistance at Mid and Low Pulleys for Functional Training Exercises
- Stable 3 Point Floor Contact
- Full Color Laminated Wall Chart



MIX AND MATCH™
YOUR SEAT AND
SHROUD COLORS!
LIVE ON OUR
WEBSITE!
www.inspirefitness.net

*M3 shown with Navy Shroud
and Orthopedic Pads*

M3

By Health In Motion LLC.

Phone (714) 738-1729 Fax (714) 738-1728

www.inspirefitness.net

Patent Pending



M3 shown with Black Screen Shroud and Orthopedic Pads



M3 shown with Tan Shroud and Orthopedic Pads



M3 shown with Burgundy Shroud and Orthopedic Pads



Leg Press shown with Navy Orthopedic Pads.



Sealed Steel Ball Bearings



Wide Groove Pulleys for Functional Training Exercises

M3 Product Specifications

Frame: Heavy-duty 2" x 4" oval and 3" round 11 gauge tubular steel.

Powder Coated Finish: The Electrostatic Powder Coat offers a durable, maintenance free finish.

Pivot Points: The bench press pivot points have 1-1/2" Precision Steel Ball Bearings. All other parts pivot on Oil Impregnated Brass Bushings to ensure a smooth and fluid motion with No Maintenance.

Orthopedic Seats and Canvas Weight Stack Shroud: The Color Coordinated Orthopedic Seat Pads offer Adjustable Support for Ultimate Body Comfort. The Weight Stack Shroud is constructed of a Heavy-Duty Canvas. There are four standard color choices in the Orthopedic Seat Pads and Canvas Weight Stack Shrouds to match the decor of your home! The color choices are Black, Tan, Burgundy, and Navy. *Custom Canvas Weight Stack Shroud Available!* Please refer to our Website www.inspirefitness.net.

Weight Stack: 215 LB. Commercial Weight Stack with Solid Guide Rods and Center Drilled Weights.

Accessories: 48" Aluminum Revolving Lat Bar, Aluminum Revolving Easy Curl Bar, Strap Handles with revolving grips, and Ankle Strap.

Options Available: Leg Press and Abdominal Bar.

Warranty (Residential use only): Inspire (Health In Motion LLC.) Multi-Gyms have a Lifetime Limited Warranty. Visit your local dealer for details or our Website at www.inspirefitness.net

Dimensions:

M3 Footprint: Top Beam Down Length 72" x Width 40" x Height 78" Top Beam Up Height 81"

M3 Footprint with optional Leg Press: Top Beam Down Length 72" x Width 67" x Height 78" Top Beam Up Height 81"

Inspire/Health In Motion LLC. reserves the right to alter product specifications at any time.

08-06