

## ***Product Details::***

### ***Inspire M-4 Home Gym Specifications:***

**Frame:** heavy-duty 2" x 4" oval and 3" round 11 gauge tubular steel.

**Powder Coated Finish:** The electrostatic powder coat offers a durable, maintenance free finish with a beautiful and lifelong "showroom" look.

**Pivot Points:** The bench press pivot points have 1-1/2" precision steel ball bearings. All other parts pivot on oil impregnated brass bushings to ensure a smooth and fluid motion with no maintenance. The Inspire Brand will run glass smooth at any weight increment. Most home gyms cannot handle lower weight increments without binding and stuttering. Inspire Home Gyms will always provide a health club feel for the lifetime you own the gym.

**Orthopedic Seats and Canvas Weight Stack Shroud:** One of the top features of the Inspire Gyms is the "closed foam cell" pads which provide an extra durable finish and extremely comfortable feel. The color coordinated orthopedic seat pads offer adjustable support for ultimate body comfort. The weight stack shrouds will provide safety to you and your family by concealing the movement of the weight stack. The weight stack shrouds is constructed of heavy duty canvas. There are four standard color choices in the orthopedic seat pads and canvas weight stack shrouds to match the decor of your home.

**Weight Stack:** 215lb. commercial weight stack with solid guide rods and center drilled weights.

**Accessories:** Inspire Home Gyms come with all the accessories you will need to get an all around great workout the day you get started. Included with the Inspire Home Gyms are a 48" Aluminum revolving lat bar, aluminum revolving easy curl bar, single strap handles with revolving grips, and an ankle strap.

**Options available:** Inspire Isolateral leg press, and Inspire "under arm" abdominal bar.

**Warranty:** Lifetime Frame and parts limited warranty.

## ***INSPIRE: Leg Press Option - Features***

Telescoping back pad ensures a full range of motion.

Orthopedic pads provide superior back support and comfort.

Diamond pattern on foot plates provide a skid resistant surface.

Self-leveling foot plates distribute pressure evenly across the legs and feet. Versatility: Left or right side mounting to the M1, M2 & M3 home gyms.

Resistance: 2:1 ratio doubles the weight stack resistance.

Warranty: Limited lifetime on all parts and structure.

Space Requirement: Adding the Leg Press Option adds 2' to the width requirements of your home gym.

Warranty (Residential Use Only): Inspire home gyms have an all inclusive limited lifetime warranty. Visit your local dealer for details or call Inspire Fitness at 877-738-1729.

Dimensions: When added to a gym, the leg press option adds 20" to the width.